



Feeling Good! Very

A guide to the 'Happiness Zone'



Manage yourself to be **valuable in the workplace**

Benefits for you:-

- The possibilities of you getting a pay rise
Training opportunities
- The chance to learn new skills
Promotion
To have a say in how your work is organised
- Improved self-image
Flexible working
- Or something else?

Contact us now for a
discovery conversation!

Manage yourself to be effective in your organisation!-Training course

*'At work do you feel undervalued,
under paid, have no control over
your working day, have a manager
that constantly changes their mind,
is unsupportive puts you under a
lot of pressure and sets unrealistic
targets, etc.?'*

If you want to change this,

attend this programme

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